

**APRIL TO OCTOBER 2025**



# WEEKLY MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>WEEK ONE</b></p> <p>21<sup>ST</sup> APRIL 12<sup>TH</sup> MAY 9<sup>TH</sup> JUNE 30<sup>TH</sup> JUNE 21<sup>ST</sup> JULY 1<sup>ST</sup> SEPTEMBER 22<sup>ND</sup> SEPTEMBER 13<sup>TH</sup> OCTOBER</p>	<p>Mild Chilli Beef Tomato &amp; Herb Penne Pasta <b>1 VG</b> Jacket with a Choice of Toppings <b>7,8,9</b></p> <p>Rice, Mixed Peppers, Peas</p> <p>Jammy Finger <b>1,6 VG</b> &amp; Custard <b>7</b> Mr Nourish Biscuit <b>1 VG</b> Fruit Pots <b>VG</b></p>	<p>Chicken &amp; Tomato Pasta Shells <b>1</b> Cheese &amp; Bean Wrap Pocket &amp; Wedges <b>1,7 VG</b> Jackets with a Choice of Toppings <b>7,8,9</b></p> <p>Seasonal Vegetables</p> <p>Ice Cream <b>7</b> Mr Nourish Biscuit <b>1 VG</b> Fruit Pots <b>VG</b></p>	<p>Sausage Roll &amp; Gravy <b>1,6</b> Vegetable Sausage &amp; Gravy <b>VG</b> Jackets with a Choice of Toppings <b>7,8,9</b></p> <p>Rustic Roast Potatoes, Green Beans, Carrots</p> <p>Fruit Jelly <b>VG</b> Mr Nourish Biscuit <b>1 VG</b> Yoghurt <b>3,7</b>, Fruit Pots <b>VG</b></p>	<p>Margherita Pizza <b>1,3,7 V</b> Loaded Bean Wedges <b>VG</b> Jackets with a Choice of Toppings <b>7,8,9</b></p> <p>Rainbow Pasta <b>1</b>, Sweetcorn, Coleslaw <b>9</b></p> <p>Sultana Cake <b>1VG</b> Mr Nourish Biscuit <b>1 VG</b> Yoghurt <b>3,7</b>, Fruit Pots <b>VG</b></p>	<p>Fish Fingers <b>1,8</b> or Salmon Fish Cake <b>1,7,8</b> Cheese &amp; Tomato Pinwheel <b>1,7 V</b> Jackets with a Choice of Toppings <b>7,8,9</b></p> <p>Chips, Peas, Baked Beans, Cucumber</p> <p>Caramel Cookie <b>1,7</b> Yoghurt <b>3,7</b> Fruit Pots <b>VG</b></p>
<p><b>WEEK TWO</b></p> <p>28<sup>TH</sup> APRIL 19<sup>TH</sup> MAY 16<sup>TH</sup> JUNE 7<sup>TH</sup> JULY 8<sup>TH</sup> SEPTEMBER 29<sup>TH</sup> SEPTEMBER 20<sup>TH</sup> OCTOBER</p>	<p>Vegetable Nuggets with Tomato Sauce &amp; Rainbow Rice <b>1VG</b> Tomato &amp; Sweetcorn Pasta <b>1 VG</b> Jackets with a Choice of Toppings <b>7,8,9</b></p> <p>Carrots, Peas</p> <p>Vanilla Sponge <b>1VG</b> &amp; Custard <b>7</b> Mr Nourish Biscuit <b>1 VG</b> Fruit Pots <b>VG</b></p>	<p>Minced Beef Pie <b>1</b> Cheesy Pasta Twists <b>1,7 V</b> Jackets with a Choice of Toppings <b>7,8,9</b></p> <p>Crushed Potatoes Seasonal Vegetables</p> <p>Chocolate &amp; Mandarin Mousse <b>7,3</b> Mr Nourish Biscuit <b>1 VG</b> Fruit Pots <b>VG</b></p>	<p>Roast Chicken &amp; Gravy Vegetable Pastry Puff <b>1 VG</b> Jackets with a Choice of Toppings <b>7,8,9</b></p> <p>Rustic Roast Potatoes Cabbage, Carrots</p> <p>Cornflake Cookie <b>1,3,7,16</b> Mr Nourish Biscuit <b>1 VG</b> Yoghurt <b>3,7</b>, Fruit Pots <b>VG</b></p>	<p>Pulled Pork Loaded Wedges Tomato Spaghetti <b>1 VG</b> Jackets with a Choice of Toppings <b>7,8,9</b></p> <p>Green Beans, Coleslaw <b>9</b></p> <p>Spiced Apple Focaccia <b>1,3 VG</b> Mr Nourish Biscuit <b>1 VG</b> Yoghurt <b>3,7</b>, Fruit Pots <b>VG</b></p>	<p>Margherita Pizza <b>1,3,7 V</b> Tuna Penne Pasta <b>1,7,8</b> Jackets with a Choice of Toppings <b>7,8,9</b></p> <p>Chips, Peas, Grated Carrot</p> <p>Oaty Biscuit <b>1,15 VG</b> Yoghurt <b>3,7</b> Fruit Pots <b>VG</b></p>
<p><b>WEEK THREE</b></p> <p>5<sup>TH</sup> MAY 2<sup>ND</sup> JUNE 23<sup>RD</sup> JUNE 14<sup>TH</sup> JULY 15<sup>TH</sup> SEPTEMBER 6<sup>TH</sup> OCTOBER</p>	<p>Bolognese Pasta Shells <b>1</b> Savoury Cheese Swirl <b>1,7 V</b> Jackets with a Choice of Toppings <b>7,8,9</b></p> <p>Baked Wedges Seasonal Vegetables</p> <p>Ice Cream <b>7</b> Mr Nourish Biscuit <b>1 VG</b> Fruit Pots <b>VG</b></p>	<p>Mild Chicken Curry Herby Tomato Penne Pasta <b>1 VG</b> Jackets with a Choice of Toppings <b>7,8,9</b></p> <p>Rice, Green Beans, Carrots</p> <p>Peach Sponge <b>1VG</b> &amp; Custard <b>7</b> Mr Nourish Biscuit <b>1 VG</b> Fruit Pots <b>VG</b></p>	<p>Sausages &amp; Gravy <b>1,6</b> Vegetable Sausage &amp; Gravy <b>VG</b> Jackets with a Choice of Toppings <b>7,8,9</b></p> <p>Rustic Roast Potatoes, Broccoli, Swede</p> <p>Fruit Jelly <b>VG</b> Mr Nourish Biscuit <b>1 VG</b> Yoghurt <b>3,7</b>, Fruit Pots <b>VG</b></p>	<p>Macaroni Cheese <b>1,7 V</b> Tomato &amp; Vegetable Puff <b>1 VG</b> Jackets with a Choice of Toppings <b>7,8,9</b></p> <p>Carrots, Mixed Peppers</p> <p>Chocolate Cake <b>1 VG</b> Mr Nourish Biscuit <b>1 VG</b> Yoghurt <b>3,7</b>, Fruit Pots <b>VG</b></p>	<p>Fish Fingers <b>1,8</b> Vegetable Nuggets <b>1 VG</b> Jackets with a Choice of Toppings <b>7,8,9</b></p> <p>Chips, Peas, Sweetcorn, Coleslaw <b>9</b></p> <p>Ginger Biscuit <b>1 VG</b> Yoghurt <b>3,7</b>, Fruit Pots <b>VG</b></p>

**AVAILABLE DAILY** 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Norfolk Selection of Salads **9**, Homemade Bread **1,3**. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



**WE ♥ VEGGIES**